DES and DAPT Strategy for Elderly Patients

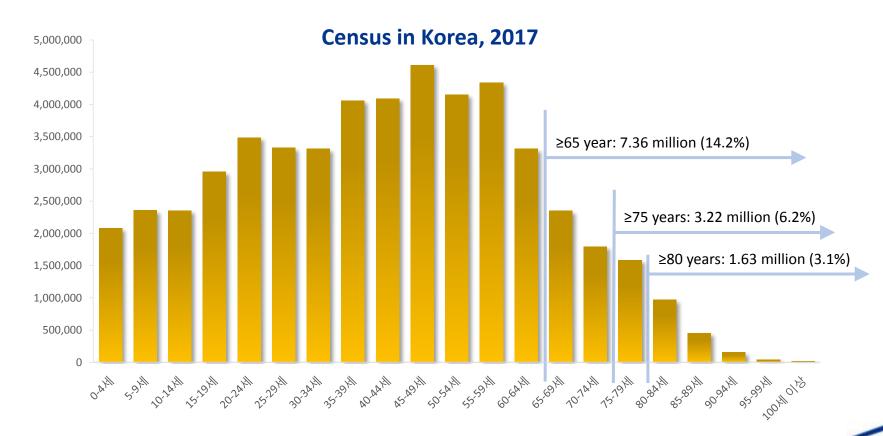
Si-Hyuck Kang

Cardiovascular Center, Department of Internal Medicine Seoul National University Bundang Hospital Korea



Korea faces rapidly aging population

- Elderly (≥65 years) in 1980: 3.8%
- Reached an aging society in 2000 (elderly ≥7%)
- Reached an aged society in 2017 (elderly ≥14%)



Ministry of the Interior and Safety, Korea. http://www.mois.go.kr

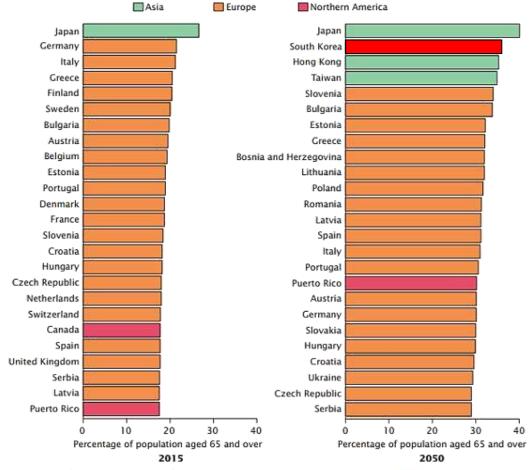






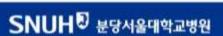
South Korea is aging faster than any other developed country

The World's 25 Oldest Countries and Areas: 2015 and 2050



Note: The list includes countries and areas with a total population of at least 1 million in 2015. Source: U.S. Census Bureau, 2013; International Data Base.



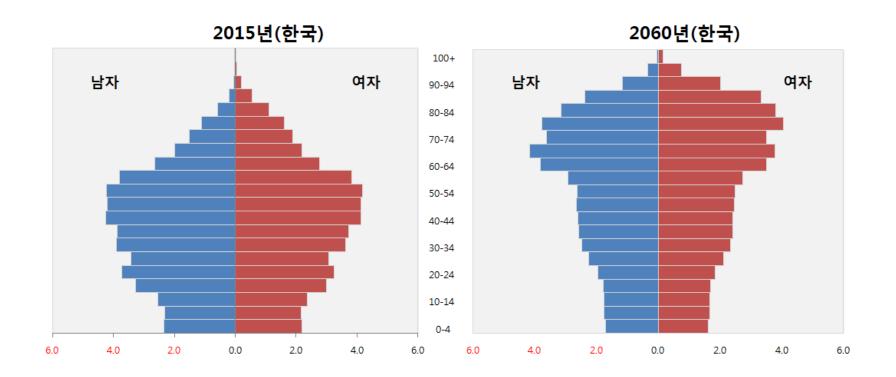


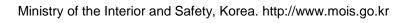






Population Pyramid in Korea











Life Expectancy by Age



보건복지부 http://www.index.go.kr







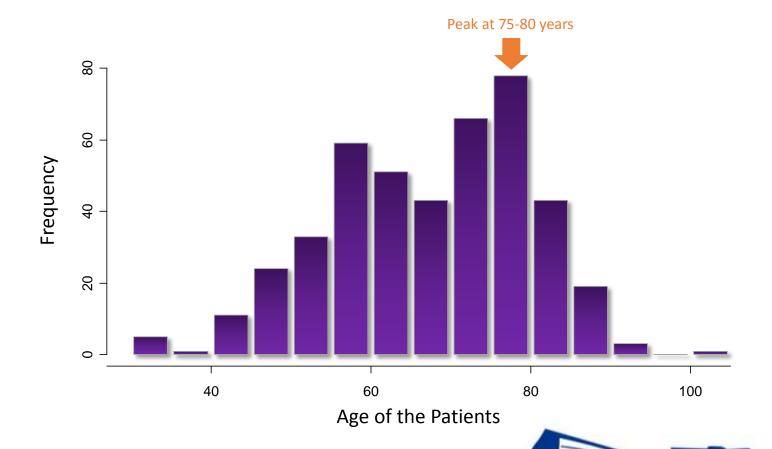
My Experience (PCI Patients)

From 2016 to 2017

• Median (IQR): 69.0 (57.8 – 77.2) years

Aged ≥75 years: 33.0%

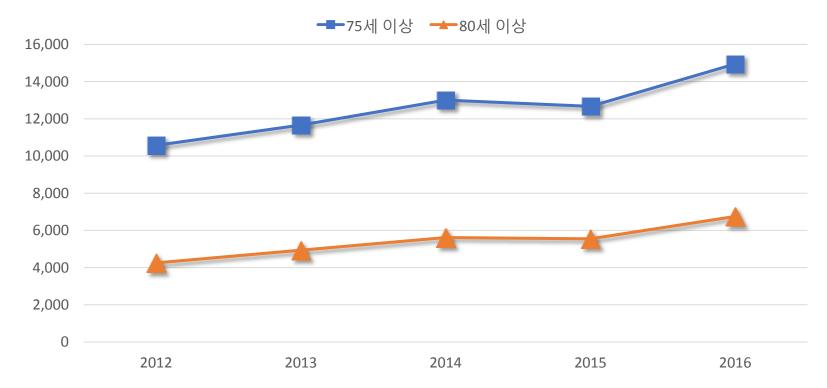
• Aged ≥80 years: 15.1%





"Olds" receiving PCI in Korea

- \geq 75 years: 10,574 (2012) \rightarrow 14,949 (2016)
- Increasing by 7.2% yearly



HEALTH INSURANCE REVIEW & ASSESSMENT SERVICE.





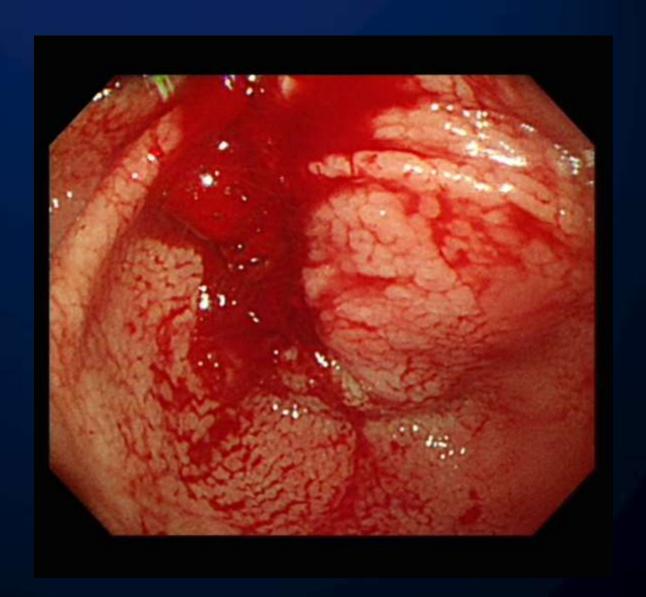


Duodenal Ulcer Bleeding (F/81)

cc: hematemesis

Failed both endoscopic hemostasis and angiographic embolization

→ Medically treated

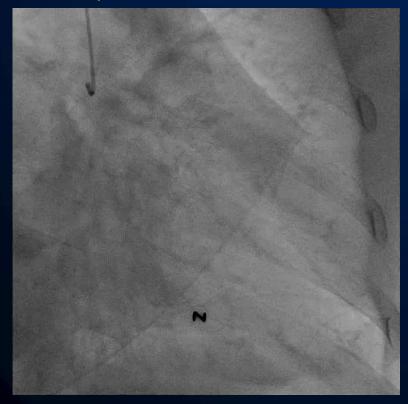


NSTEMI (F/81)

- Syncope during hospitalization
- Chest pain developed while going to the toilet → syncope → persistent chest pain

pLAD total occlusion

Successful PCI with **BMS**

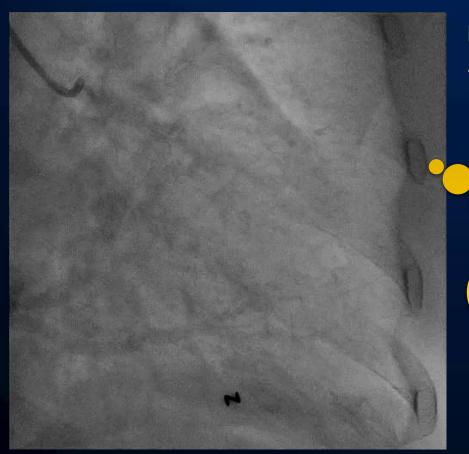




P> BMS implantation and short-term DAPT

Recurrent GI bleeding (F/81)

- DAPT for 1 month → Plavix single
- recurrent GI bleeding post-PCI 5 months(ΔHb=3.9 g/dL)
- CAG + OCT to decide whether or not stop antiplatelet agent



Diffuse in-stent restenosis

→ Recommend bypass surgery

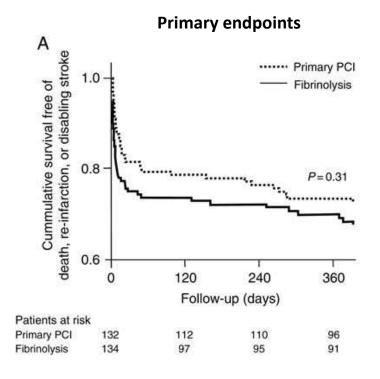
What if treated with DES in the first hand

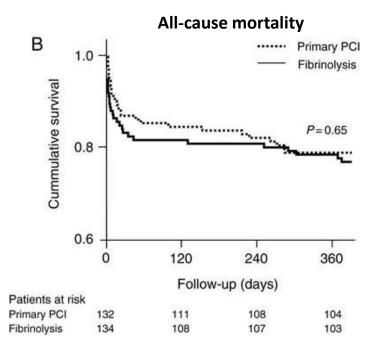


Is PcI suitable for the old?

TRIANA trial

- STEMI patients with ≥75 years old
- Primary PCI (n=134) vs. fibrinolysis (n=132)





Bueno et al. EHJ 2011





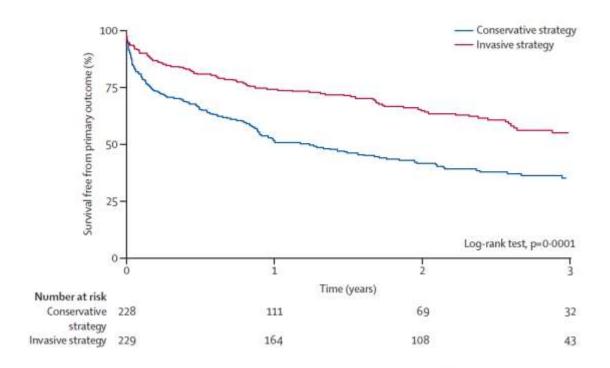




Is PcI suitable for the old?

After Eighty study

- NSTEMI patients with ≥80 years old
- Invasive strategy (n=229) vs. conservative strategy (n=228)



Tegn et al. Lancet 2016





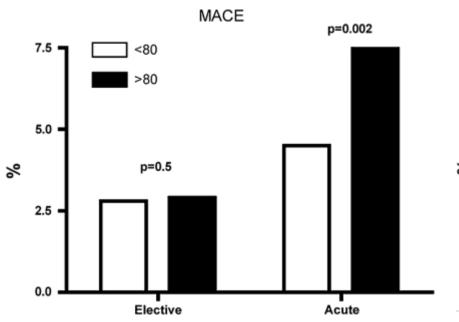


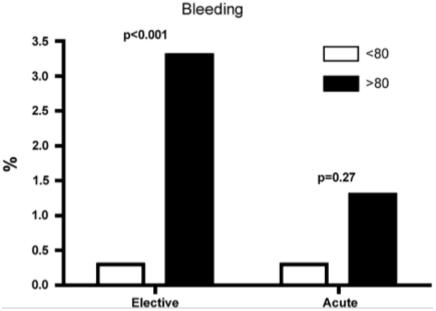


Bleeding risk is high among the old

A single center experience: St. Thomas Hospital

514/7,570 patients undergoing PCI ≥80 years old





Lockie et al. Heart 2010









IS DES safe for the olds?

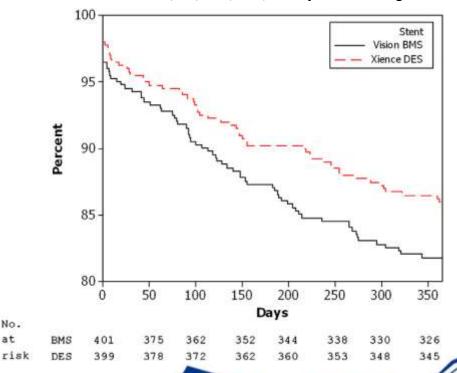
XIMA trial (Xience or Vision Stents for the Management of Angina in the Elderly)

No.

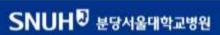
- Patients undergoing PCI with ≥80 years old (NSTEMI, UA, stable angina)
- Lesion length ≥15 mm; lesion diameter <3 mm
- DES (n=399) vs. BMS (n=401)

Randomized		BMS or DES		
		BMS (n = 401)	DES (n = 399)	p Value
Age (yrs)		83.4 ± 3.1 (80-99)	83.6 ± 3.2 (80-101)	0.35
Female		40.9	38.9	0.64
Diabetes		24.2	25.6	0.65
Hypertensk	on	77.6	75.1	0.42
Hyperchole	sterolemia	52.9	57.6	0.17
Current sm	oker	4.0	5.0	0.49
Previous C	/A/TIA	10.7	7.8	0.15
Peripheral	vascular disease	12.5	10.3	0.33
Creatinine	>200 μmol/I	7.0	6.0	0.57
Previous M	E.	21.5	29.8	0.007
Previous Po	CI	10.2	12.8	0.25
Previous C	ABG	4.2	7.0	0.088
Left ventric	ular function <40%	10.1	13.5	0.21
On warfarir	pre-PCI	1.3	2.8	0.12

Death, MI, CVA, TVR, or major hemorrhage



de Belder et al. JACC 2013

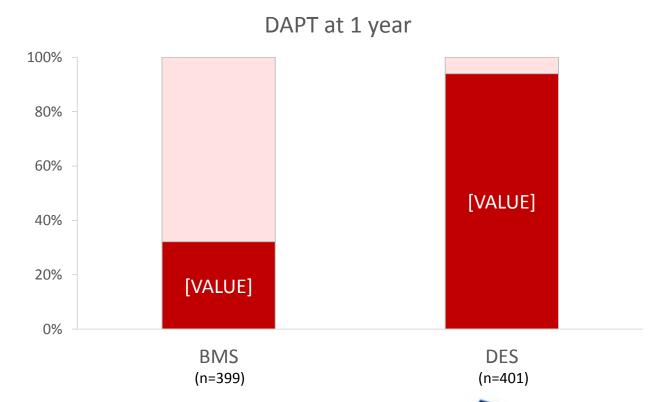




IS DES safe for the olds?

XIMA trial (Xience or Vision Stents for the Management of Angina in the Elderly)

Patients undergoing PCI with ≥80 years old (NSTEMI, UA, stable angina)



de Belder et al. JACC 2013









How long would I give DAPT for the old?

2017 ESC Focused Update on Dual Antiplatelet Therapy in Coronary Artery Disease developed in collaboration with the EACTS*

*: European Association for Cardio-Thoracic Surgery

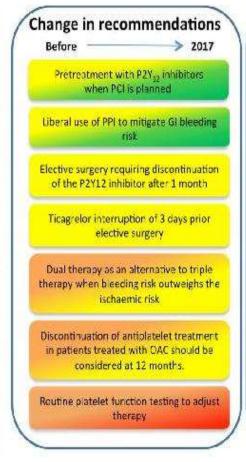






What is new in the 2017 ESC focussed update on DAPT?





New recommendations 2017 The occurrence of actionable bleeding while on DAPT should prompt reconsideration of type and duration of DAPT regimen. The decision for DAPT duration should be dynamic and reassessed during the course of the initially selected DAPT regimen. Discontinuation of P2Y1, inhibitor therapy after 6 months when stenting ACS patients with PRECISE-DAPT ≥ 25 6-month DAPT regimen In patients with SCAD treated with drug-coated balloon Early administration of ticagrelor/ clopidogrel in NSTE-ACS with invasive approach. Ticagrelor 60 mg b.i.d preferred over other oral P2Y12 inhibitors for DAPT continuation >12 months in post-MI

IIA

New/revised concepts

Metallic stent and DAPT duration

Switch between P2Y₁₇ inhibitors

Risk scores to guide DAPT duration
-PRECISE DAPT score
-DAPT score

Specific profiling

-Definition of complex PCI -Unfavourable profile for OAC and APT -Gender considerations and special populations

DAPT duration without stenting

-Medical management -CABG or cardiac surgery

Anticoagulation and DAPT

-Acute and chronic setting -Dosing regimen

www.escardio.org/guidelines

2017 ESC Focused Update on DAPT in Coronary Artery Disease, developed in collaboration with EACTS (European Heart Journal 2017 - doi:10.1093/eurheartj/ehx419)





Measures to minimize bleeding while on dual antiplatelet therapy



Recommendations		Level
Radial over femoral access is recommended for coronary angiography and PCI if performed by an expert radial operator.		A
In patients treated with DAPT, a daily aspirin dose of 75–100 mg is recommended.	1	A
A PPI in combination with DAPT is recommended.	1	В
Routine platelet function testing to adjust antiplatelet therapy before or after elective stenting is not recommended.	111	A

www.escardio.org/guidelines

2017 ESC Focused Update on DAPT in Coronary Artery Disease, developed in collaboration with EACTS (European Heart Journal 2017 - doi:10.1093/eurheartj/ehx419)







Dual antiplatelet therapy duration and related stent choices in patients with stable coronary artery disease treated with percutaneous coronary intervention



Recommendations		Level
In patients with stable CAD treated with coronary stent implantation, DAPT consisting of clopidogrel in addition to aspirin is generally recommended for 6 months, irrespective of the stent type.		А
Irrespective of the intended DAPT duration, DES is the preferred treatment option.	ı	А
In patients with stable CAD considered at high bleeding risk (e.g. PRECISE-DAPT ≥25), DAPT for 3 months should be considered*.		В
In patients with stable CAD treated with drug-coated balloon, DAPT for 6 months should be considered.	lla	В

^{*:} The evidence supporting this recommendation comes from two studies where zotarolimus-eluting Endeavour's print stent has been investigated in conjunction with a 3-month DAPT regimen.

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2017 ESC Focused Update on DAPT in Coronary Artery Disease, developed in collaboration with EACTS (European Heart Journal 2017 - doi:10.1093/eurhearti/ehx419)







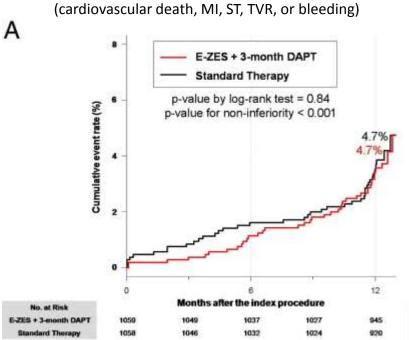
3-month DAPT in stable angina

RESET trial

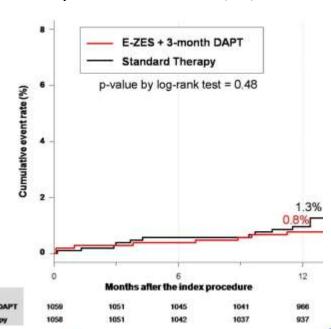
Patient	2,117 patients with coronary artery disease (angina + AMI)
Intervention	3-month DAPT (n=1,059) vs. 12-month DAPT (n=1,058)
Treatment	Endeavor ZES
Outcomes	Cardiovascular death, MI, ST, TVR, or bleeding) at 1 year

В

Primary Endpoint ular death, MI, ST, TVR,



Composite of all-cause death, MI, ST



Kim et al. JACC 2012







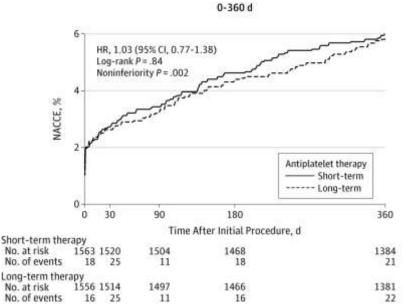
3-month DAPT in stable angina

OPTIMIZE trial

Patient	3,119 patients with stable angina or low-risk ACS
Intervention	3-month DAPT (n=1,563) vs. 12-month DAPT (n=1,556)
Treatment	Endeavor ZES
Outcomes	All-cause death, MI, stroke, or major bleeding at 1 year

Primary Endpoint: NACCE

(all-cause death, [MI], stroke, or major bleeding)



Bleeding HR, 0.71 (95% CI, 0.32-1.60) Log-rank P = .41 Major Bleeding, % 180 360 Time After Initial Procedure, d Short-term therapy No. at risk 1563 1552 1505 1490 1537 No. of events Long-term therapy No. at risk 1556 1540 1524 1496 1479 No. of events

Feres et al. JAMA 2013



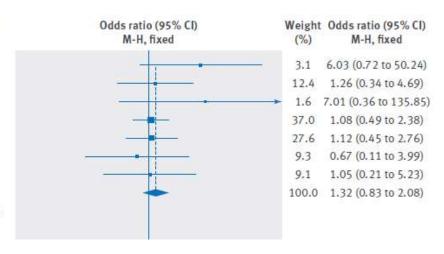




Shorter duration of DAPT

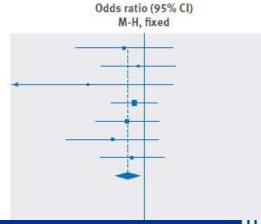
Stent thrombosis

	No of events/total		
Study	Short term	12 month	
Definite or probable	stent thrombosis		
EXCELLENT ²²	6/722	1/721	
ISAR-SAFE ²³	5/1998	4/2007	
ITALIC ²⁸	3/926	0/924	
OPTIMIZE ²⁴	13/1605	12/1606	
PRODIGY ^{7,26}	10/983	9/987	
RESET ²⁷	2/1059	3/1058	
SECURITY ⁸	3/682	3/717	
Total (95% CI)	42/7975	32/8020	
Test for heterogeneit	y: χ ² =4.20, df=6, P=	=0.65, I ² =0 ⁰	
Test for overall effect	: z=1.18, P=0.24		



Major bleeding

	No of ever	nts/total
Study	Short term	12 month
EXCELLENT ²²	2/722	4/721
ISAR-SAFE ²³	4/1998	5/2007
ITALIC ²⁸	0/926	3/924
OPTIMIZE ²⁴	10/1605	14/1606
PRODIGY ^{7,26}	5/983	9/987
RESET ²⁷	2/1059	6/1058
SECURITY ⁸	5/682	8/717
Total (95% CI)	28/7975	49/8020
Test for heterogeneity	y: χ ² =1.90, df=6, P=	=0.93, l ² =0
Test for overall effects	z=2.21, P=0.02	



Weight (%)	Odds ratio (95% CI) M-H, fixed
8.1	0.50 (0.09 to 2.73)
10.2	0.80 (0.22 to 3.00)
7.1	0.14 (0.01 to 2.75)
28.4	0.71 (0.32 to 1.61)
18.2	0.56 (0.19 to 1.66)
12.2	0.33 (0.07 to 1.65)
15.8	0.65 (0.21 to 2.01)
100.0	0.58 (0.36 to 0.92)



Dual antiplatelet therapy duration and related stent choices in patients with stable coronary artery disease treated with percutaneous coronary intervention



(continued)

Recommendations	Class	Level
In patients with stable CAD treated with bioresorbable vascular scaffolds, DAPT for at least 12 months should be considered.		C
In patients with stable CAD who have tolerated DAPT without a bleeding complication and who are at low bleeding but high thrombotic risk, continuation of DAPT with clopidogrel for >6 months and ≤30 months may be considered.	ШЬ	A
In patients with stable CAD in whom 3-month DAPT poses safety concerns, DAPT for 1 month may be considered*.	IIb	ε

^{*;1-}month DAPT after implantation of zotarolimus-eluting Endeavour sprint stent or drug coated stent reduced risks of reintervention, myocardial infarction and inconsistently of stent thrombosis compared to bare-metal stent under similar DAPT duration. It is unclear if this evidence applies to other contemporary DES.

www.escardio.org/guidelines

2017 ESC Focused Update on DAPT in Coronary Artery Disease, developed in collaboration with EACTS (European Heart Journal 2017 - doi:10.1093/eurheartj/ehx419)

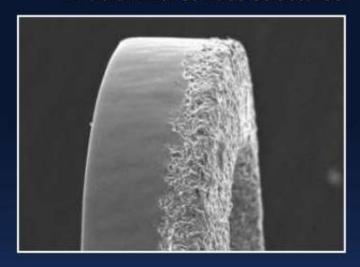




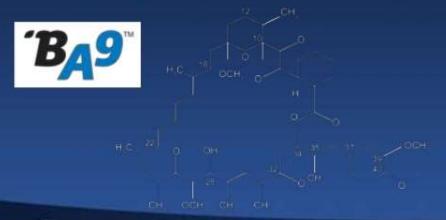


BioFreedom™

Selectively micro-structured surface holds drug in abluminal surface structures



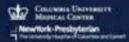
Proprietary Highly Lipophilic Limus drug



Hypothesis: Polymer-free drug release via porous-eluting stents may reduce late events caused by polymer stent coatings.

Potential advantage

- Avoid long term late adverse effects that might be attributable to the polymer
- Improved surface integrity since there is no polymer to be sheared or peeled away from the stent struts
- Possible shorter need of dual antiplatelet therapy





Polymer-free Biolimus-coated stent for patients with high bleeding risk

Patient	2,466 patients with high risk of bleeding
Intervention	BIOFREEDOM vs. BMS
Treatment	1-month DAPT
Outcomes	composite of cardiac death, myocardial infarction, or stent thrombosis

Primary Safety Endpoint (Death, MI, ST) 100-P<0.001 for noninferiority Bare-metal stent P=0.005 for superiority 80-Patients with Event (%) 60-Drug-coated stent 180 270 390 20-180 90 270 390 Days No. at Risk Drug-coated stent 1146 1105 1081 1045

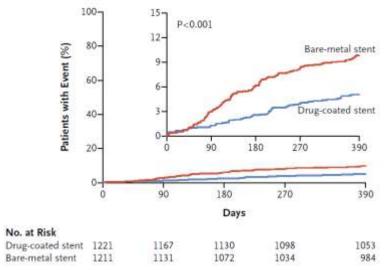
1066

1037

1000

1115

Primary Efficacy Endpoint (clinically-driven TLR)



Bhatt et al. NEJM 2015

Bare-metal stent







Table 2. Primary and Secondary End Points.*				
End Point	Drug-Coated Stent (N = 1221)	Bare-Metal Stent (N=1211)	Hazard Ratio (95% CI)	P Value
	no. of events	tients)		
Primary safety end point: cardiac death, myocardial infarction, or stent thrombosis	112 (9.4)	(12.9)		Y
Primary efficacy end point: clinically driven TLR	59 (5.1)	"It is	unclear if this	2
Death				
From any cause	97 (e applies to of	
From cardiac causes	50 (conte	mporary DES	
Myocardial infarction:				
Any	72 (6		- 2017 ESC gui	deline
Q-wave infarction	6 (0.5)			
Non–Q-wave infarction	57 (4.8)	0		0.04
Undetermined type	10 (0.8)	25 (2.1)	0.39 (0.13-0.82)	0.01
Stent thrombosis‡				
Definite or probable	24 (2.0)	26 (2.2)	0.91 (0.53-1.59)	0.75
Definite	16 (1.3)	17 (1.4)	0.93 (0.47-1.84)	0.84
Probable	8 (0.7)	9 (0.8)	0.88 (0.34-2.28)	0.80
Possible	25 (2.2)	27 (2.3)	0.91 (0.53–1.57)	0.74
Acute	5 (0.4)	5 (0.4)	0.99 (0.29-3.43)	0.99
Subacute	7 (0.6)	10 (0.8)	0.69 (0.26-1.82)	0.45
Early: acute + subacute	12 (1.0)	15 (1.2)	0.79 (0.37–1.70)	0.55
Late	13 (1.1)	11 (1.0)	1.17 (0.52-2.61)	0.70

Bhatt et al. NEJM 2015







Dual antiplatelet therapy duration in patients with acute coronary syndrome treated with percutaneous coronary intervention



Recommendations	Class	Level
In patients with ACS treated with coronary stent implantation, DAPT with a P2Y ₁₂ inhibitor on top of aspirin is recommended for 12 months unless there are contra-indications such as excessive risk of bleeding (e.g. PRECISE-DAPT ≥25).		A
In patients with ACS and stent implantation who are at high- risk of bleeding (e.g. PRECISE-DAPT ≥25), discontinuation of P2Y ₁₂ inhibitor therapy after 6 months should be considered.		В
In patients with ACS treated with bioresorbable vascular scaffolds, DAPT for at least 12 months should be considered.	lla	C

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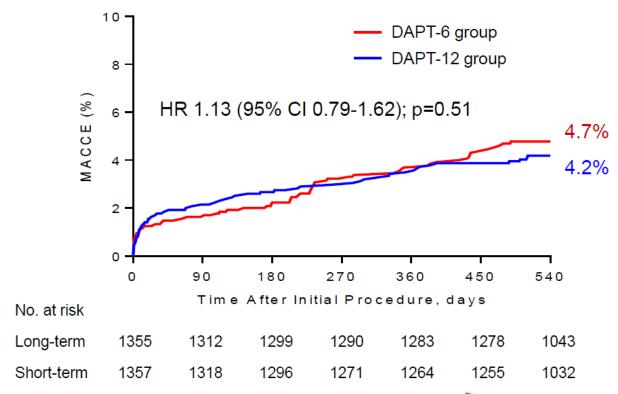




SMART-DATE trial

Safety of 6-Month Duration of Dual Antiplatelet Therapy After PCI in Patients With ACS

Patient	2,712 patients with acute coronary syndrome (UA, NSTEMI, STEMI)
Intervention	6-month vs. 12-month DAPT
Outcomes	a composite of all-cause death, myocardial infarction, or stroke at 18 months



Hahn et al. Lancet 2018





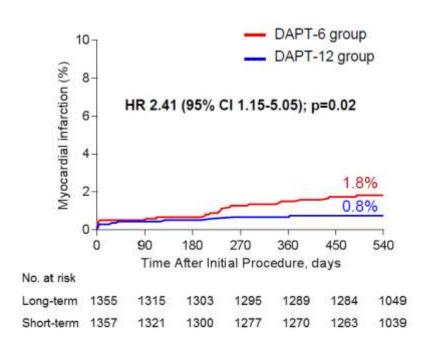


SMART-DATE trial

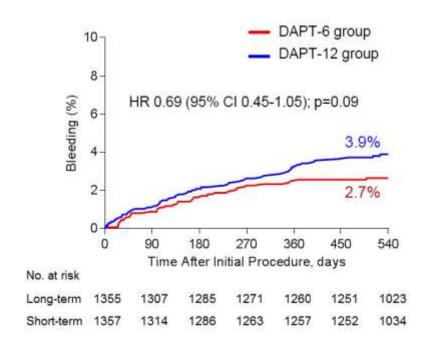
Safety of 6-Month Duration of Dual Antiplatelet Therapy After PCI in Patients With ACS

Secondary Endpoints

Myocardial Infarction



BARC 2-5 bleeding



Hahn et al. Lancet 2018

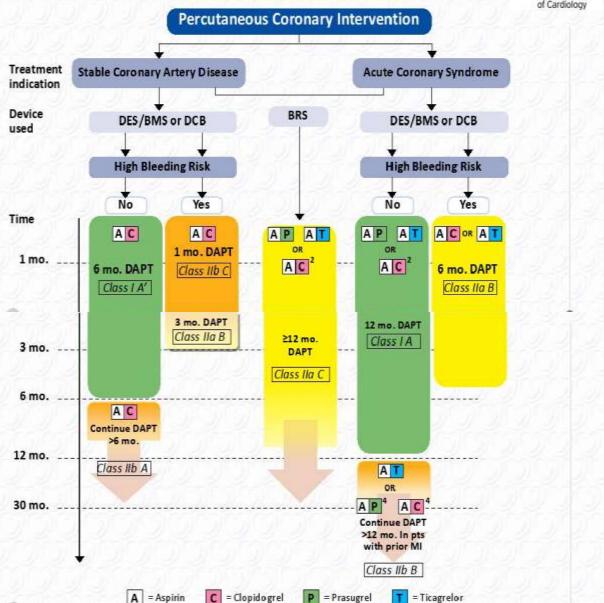






Algorithm for dual antiplatelet therapy (DAPT) in patients treated with percutaneous coronary intervention







Pcl strategy

when planning short-term DAPT



A Randomized Trial of a Bioabsorbable Polymer-Based Metallic DES vs. a BMS with Short DAPT in Patients with Coronary Artery Disease Older than 75 Years. The SENIOR Trial

O. Varenne, S. Cook, G. Sideris, S. Kedev, T. Cuisset, D. Carrié, T. Hovasse, P. Garot, R. El Mahmoud, C. Spaulding, G. Helft, J. Diaz Fernandez, S. Brugaletta, E. Pinar Bermudez, J. Mauri Ferre, P. Commeau, E. Teiger,

K. Bogearts, M. Sabate, M-C. Morice and P. Sinnaeve,

for the SENIOR investigators.

Elderly PCI patients

- CAD is highly prevalent: complex, severe, and diffuse
- In US national registries in 2016¹: 25% of PCI in patients ≥75y
- Poorly represented in prior studies on DES and DAPT duration
- No clear recommendation for PCI and DAPT strategies

Often treated with BMS and short DAPT*, as a strategy to limit bleeding complications²

(*) Short DAPT: 1mo in stable patients, ≥6mo in unstable patients (per ESC guidelines)





SENIOR Study Objective and Hypothesis

Objective: To evaluate outcomes with a thin-strut, bioabsorbable polymer DES vs. BMS in elderly patients treated with short DAPT

Hypothesis is that DES have:

- a lower rate of MACCE at 1 year vs. BMS (efficacy)
- a similar risk of bleeding at 1 year vs. BMS (safety)
- a similar risk of stent thrombosis at 1 year vs. BMS (safety)





SENIOR Trial design

Randomized (1:1), single blind trial 1,200 patients aged 75 years and above

Tailored DAPT: 1 mo in stable and 6 mo in ACS pts
Prespecified by the investigator prior to randomization

DES

Vs.

BMS

Primary End Point 1y: all-cause mortality, non-fatal MI, stroke, IDTLR Secondary End Points 1y: Bleeding BARC 2-5/3-5, stent thrombosis





Key Inclusion Criteria

- Patients are 75 years old or above and
- Presence of ≥1 stenosis (≥70%) in any coronary (or LM ≥50%)
 and
 - Stable angina

or

- Silent ischemia

or

Acute coronary syndrome



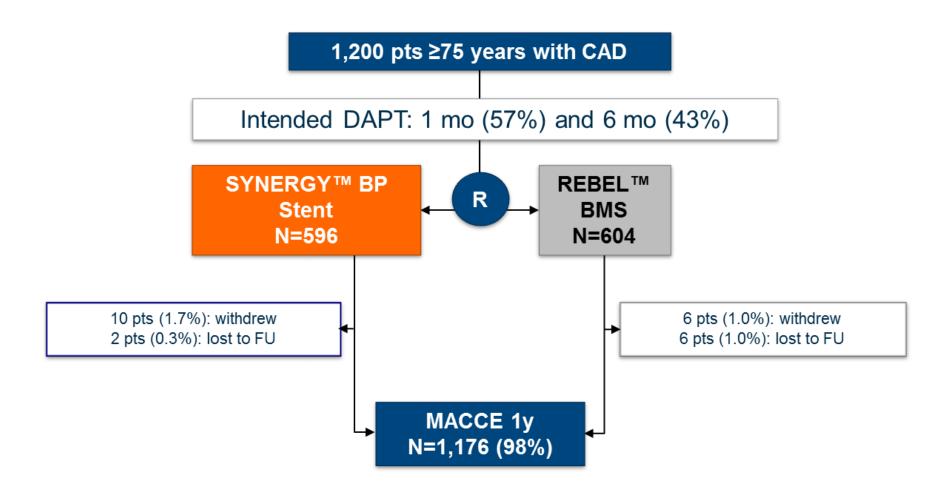
Key Exclusion Criteria

- Unable to comply with DAPT for at least one month (stable angina or silent ischemia) or at least six months (acute coronary syndrome)
- Planned surgery within one month
- Life expectancy less than 1 year
- Prior hemorrhagic stroke
- Indication for surgical myocardial revascularization
- Known allergy to aspirin or any P2Y₁₂ inhibitor



SENIOR Trial *Design*





SENIOR TrialBaseline Clinical Information



Baseline Characteristics

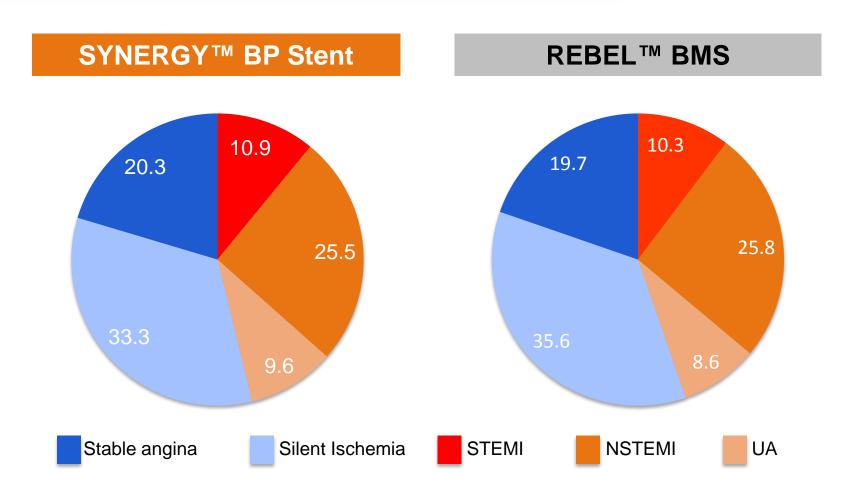
	SYNERGY™ BP Stent N=596	REBEL™ BMS N=604
Age, y	81.4±4.3	81.4±4.2
Male sex, %	61.7	62.7
BMI, kg/m ²	26.3±4.3	25.9±3.9
Diabetes mellitus, %	26.6	26.0
Hypercholesterolemia, %	52.2	53.0
Hypertension*, %	71.6	80.8
Previous MI*, %	18.3	13.3
PVD*, (%)	14.7	21.0
Atrial fibrillation, %	17.3	17.9
Anemia, %	13.8	15.0
*P <0.05		

Angiography

	SYNERGY BP Stent N=596	BMS N=604
Transradial approach, %	79.8	81.3
Multiple vessel disease, %	34.0	30.6
Lesion location, %		
LM*	3.9	1.3
LAD	54.0	52.3
LCx	29.8	26.5
RCA	35.9	37.9
Stents implanted per patient	1.7±1.0	1.6±1.0
Stent diameter per lesion (mm)	3.0±0.5	3.0±0.5
Total stent length per patient (mm)	32.6±20.8	30.3±20.3
*P <0.05		

SENIOR Trial Clinical Presentation

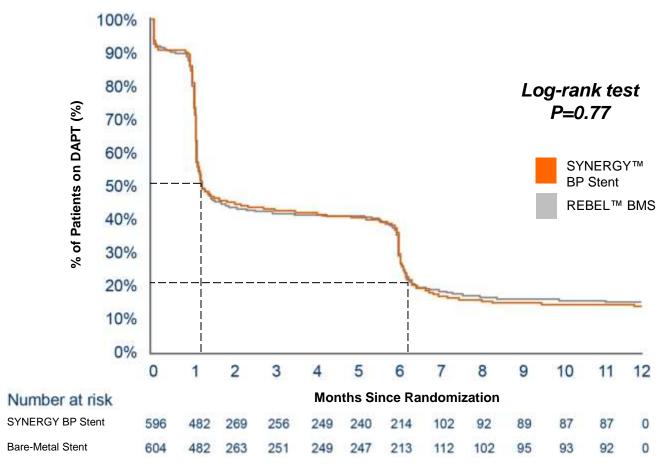




SENIOR Trial *DAPT Duration*



DAPT Therapy for patients with SYNERGY™ BP Stent or BMS was the same*



Varenne, Olivier, MD, et al. (2017). Drug-eluting stents in elderly patients with coronary artery disease (SENIOR): a randomised single-blind trial. The Lancet.

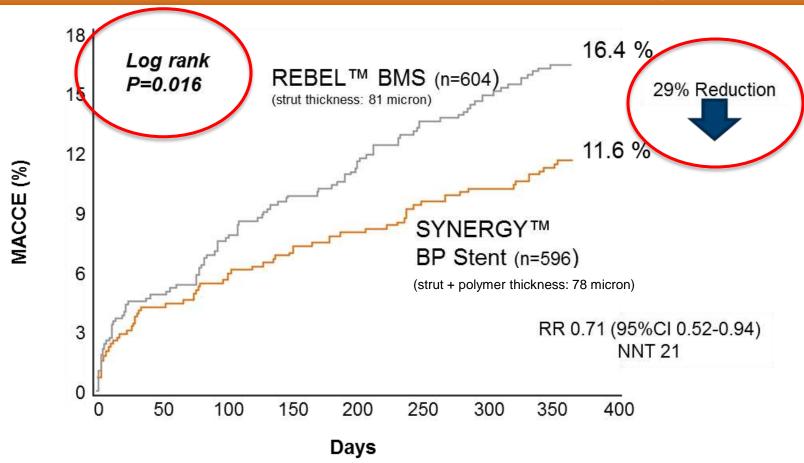
^{*} Please review SYNERGY DFU for full instructions on DAPT.

SENIOR Trial Primary Endpoint: MACCE

All-cause mortality, MI, stroke, ischemia-driven TLR



SYNERGY™ BP Stent Showed Superior Results versus BMS in Elderly Patients that Received a Shortened DAPT* Regimen



Varenne, Olivier, MD, et al. (2017). Drug-eluting stents in elderly patients with coronary artery disease (SENIOR): a randomised single-blind trial. The Lancet.

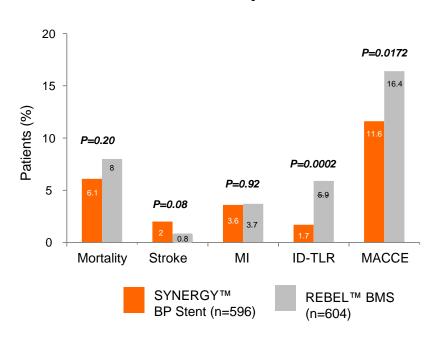
^{*} Please review SYNERGY DFU for full instructions on DAPT.

SENIOR Trial: 12-month Clinical Outcomes

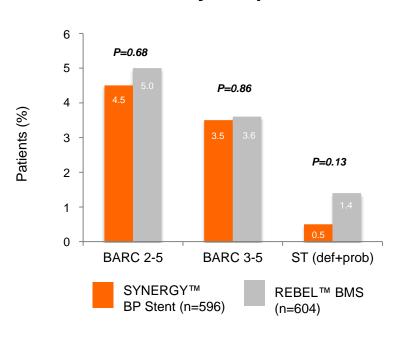


SYNERGY™ BP Stent showed a 3x reduction in ID-TLR and exceptionally low ARC Def/Prob stent thrombosis

MACCE Components



Safety Endpoints



Subgroup Analyses (primary end point)

All-cause mortality, MI,	stroke, DES	BMS	Relative Risk		DES	BMS
ischaemia-driven TLR a	t 1 year (N=596)	(N=604)	(95% CI)	P-value	Better	Better
Overall event rate	68/545 (11.6%	98/568 (16·4%)	0.7 (0.5, 0.9)	0.016		
Age [years] (Interaction:	p=0·587)					
<85	48/419 (10.5%	71/429 (15.7%)	0.7 (0.5, 0.9)	0.022	-	
>= 85	20/126 (15·1%	27/139 (18.7%)	0.8 (0.4, 1.4)	0.426		
Atrial fibrillation (Interac	tion: p=0·025)					
No	44/448 (9.1%)	77/466 (15.8%)	0.6 (0.4, 0.8)	0.001	-	
Yes	24/ 95 (23.8%)	21/101 (19·5%)	1.2 (0.7, 2.1)	0.452	-	-0
Acute coronary syndron	ne (Interaction: p=0·31	5)				
No	30/297 (9-4%)	52/312 (15.7%)	0.6 (0.4, 0.9)	0.015		
Yes	38/248 (14.1%	46/256 (17·3%)	0.8 (0.5, 1.2)	0.312		3; -1
Sex (Interaction: p=0·10	05)					
Male	38/341 (10-4%	67/357 (17.9%)	0.6 (0.4, 0.8)	0.003		
Female	30/204 (13.4%	31/211 (13.8%)	1.0 (0.6, 1.6)	0.900		
	2005 200 WW 171					
Percentages are Kaplan-	Meier estimates			0	0.5 1	1.5 2





SENIOR Trial

1-Year Results Summary



Short DAPT Trial with SYNERGY™ BP Stent: SUPERIOR Outcomes in Elderly Patients

- 1,200 patients that were all 75 years of age or older were studied
- DAPT protocol: 1-month for stable patients; 6 months for unstable patients
- 57% of patients discontinued DAPT at 1-month
- SYNERGY BP Stent showed superior results[†]:
 - 29% reduction in primary endpoint MACCE; BMS reported 16.4%; SYNERGY reported 11.6%, statistically significant with a p-value of 0.016
- SYNERGY BP Stent showed exceptionally low ST rate nearly 1/3 of the BMS rate
- There was ZERO def/prob ST after early DAPT discontinuation post PCI with SYNERGY in elderly patients in this trial at 1 year

The SYNERGY BP Stent was intentionally designed to enable shortened DAPT* and is being evaluated in additional clinical trials such as EVOLVE Short DAPT, POEM and IDEAL LM Trials. We look forward to these trial results.

^{*}Varenne, Olivier, MD, et al. (2017). Drug-eluting stents in elderly patients with coronary artery disease (SENIOR): a randomised single-blind trial. The Lancet.

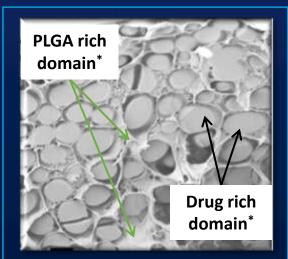
^{*} Please review SYNERGY DFU for full instructions on DAPT.

The SYNERGY Stent



Platinum Chromium Platform

- 74μm (0.0029in) strut thickness
- ↑ Visibility
- **↑** Strength
- **↑** Flexibility
- **↑** Conformability
- Recoil



Everolimus-Eluting

- 100µg/cm²
- 3 month release time
- 45% / 55% mix of dru g and polymer



Bioabsorbable Polymer Coating (PLGA)

- Abluminal
- 4µm thick
- 85:15 ratio
- <4 month absorption time

Thin Struts

Circumferential

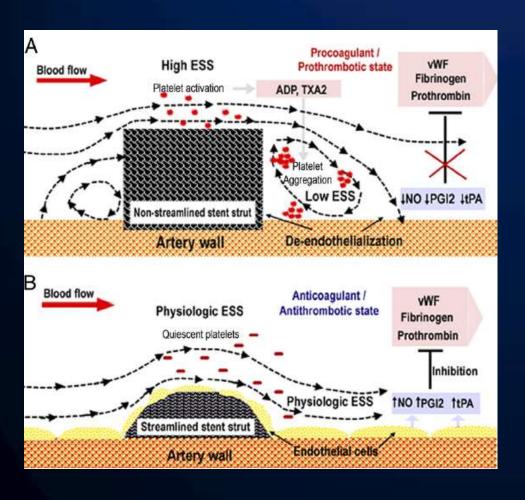
Dura polymer-coa				egradable -coated stent			Bioresorbable drug-eluting stent
Abbott/ Boston	Medtronic	Biosensors	Terumo	Translumina	Boston	Biotronik	Abbott
Xience/ Promus	Resolute	BioMatrix	Ultimaster	Yukon Choice PC	Synergy	Orsiro	ABSORB
CoCr/PtCr-EES	CoNi-ZES	316L-BES	CoCr-SES	316L-SES	PtCr-EES	CoCr-SES	PLLA-EES
			Strut th	nickness			
81 μm	91 μm	120 µm	Strut th	nickness 87 µm	74 μm	60 μm	150 μm

Abluminal

Circumferential

Shear Stress Impacts ST Risk

Strut Design and Stent Thrombogenicity



Thick, rectangular struts promote stent thrombogenicity.

- High ESS (on top of struts)
 - → platelet activatation
 - → ADP release
- Low ESS (downstream of the strut) →
 activated platelets ↑
 re-endothelialization ↓
 natural anticoagulant production ↓

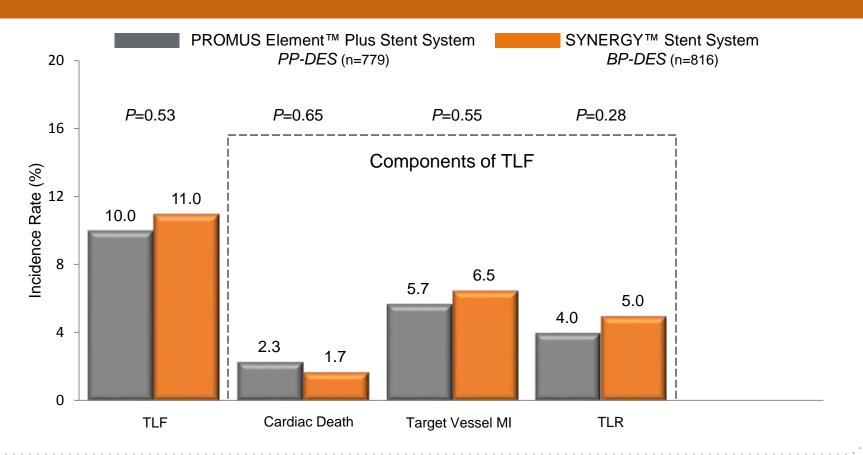
Thin, circular struts retain physiologic ESS, which favors platelet quiescence on top of struts and enhances reendothelialization and production of antithrombotic factors downstream of struts

EVOLVE II Clinical Trial

3-Year Results



Primary Endpoint of Target Lesion Failure (TLF) Met



Presented by D. Kereiakes, MD at ACC 2017

ITT Population; Patients who did not receive a study stent were censored at 1 year; KM Event Rates; Per protocol spontaneous MI is defined as rise and/or fall of cardiac biomarkers with ≥1 value >99th percentile of the URL + evidence of myocardial ischemia.

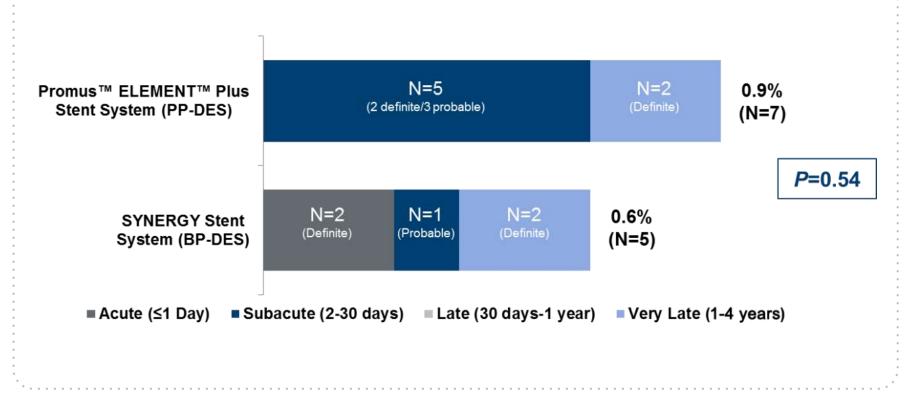
Peri-PCI MI is defined as ≥1 of the following: i) biomarker elevations within 48 hours of PCI (based on CK-MB >3X URL), ii) new pathological Q waves, or iii) autopsy evidence of acute MI

EVOLVE II Clinical Trial

4-Year Results

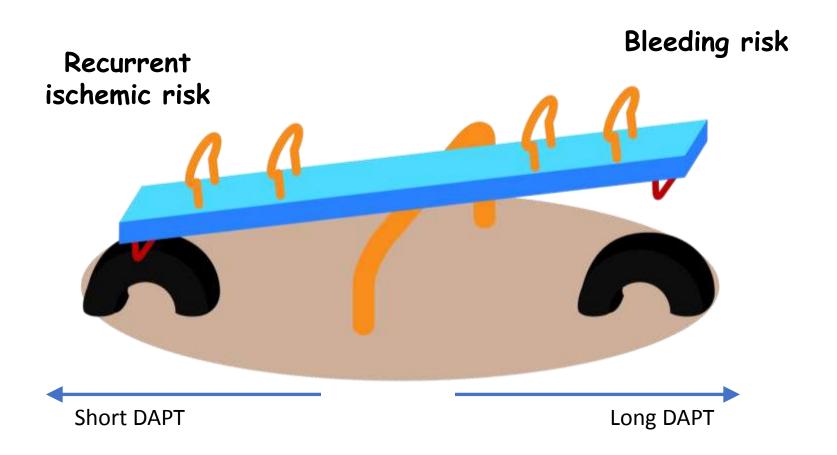






Presented by R. Lee Jobe, MD at ACC 2018

ITT Population; Patients who did not receive a study stent were censored at 1 year; KM Event Rates; Per protocol spontaneous MI is defined as rise and/or fall of cardiac biomarkers with ≥1 value >99th percentile of the URL + evidence of myocardial ischemia. Peri-PCI MI is defined as ≥1 of the following: i) biomarker elevations within 48 hours of PCI (based on CK-MB >3X URL), ii) new pathological Q waves, or iii) autopsy evidence of acute MI



Newer generation DES with improved safety profile have made "short-term DAPT" strategy safer than before!

VOL. 9, NO. 12, 2016 ISSN 1936-8798/\$36.00 http://dx.doi.org/10.1016/j.jcin.2016.03.038

CLINICAL RESEARCH

CORONARY

Stent Thrombosis With Drug-Eluting Stents and Bioresorbable Scaffolds



Evidence From a Network Meta-Analysis of 147 Trials

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ABSTRACT

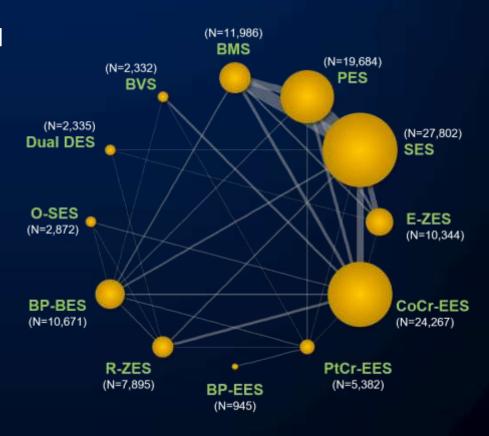
OBJECTIVES This study sought to perform a systematic review and network meta-analysis to compare the relative safety and efficacy of contemporary DES and BVS.

BACKGROUND To improve outcomes of patients undergoing percutaneous coronary revascularization, there have been advances in the design of drug-eluting stents (DES), including the development of drug-eluting bioresorbable vascular scaffolds (BVS).

METHODS Prospective, randomized, controlled trials comparing bare-metal stents (BMS), paclitaxel-eluting stents (PES), sirolimus-eluting stents (SES), Endeavor zotarolimus-eluting stents (E-ZES), cobalt-chromium (CoCr) everolimus-eluting stents (EES), platinum-chromium (PtCr)-EES, biodegradable polymer (BP)-EES, Resolute zotarolimus-eluting stents (R-ZES), BP biolimus-eluting stents (BP-BES), hybrid sirolimus-eluting stents (H [Orsiro]-SES), polymer-free sirolimus- and probucol-eluting stents, or BVS were searched in online databases. The primary endpoint was definite or

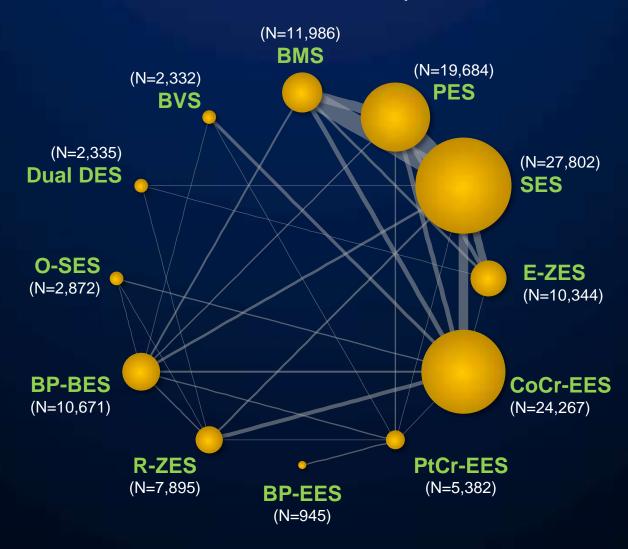
Study Aim

- To compare the safety of contemporary DES including BVS in terms of the risk of stent thrombosis (ST) or device thrombosis.
- We performed a systematic literature review of randomized controlled trials and updated a multiple-treatment network meta-analysis using a Bayesian framework.



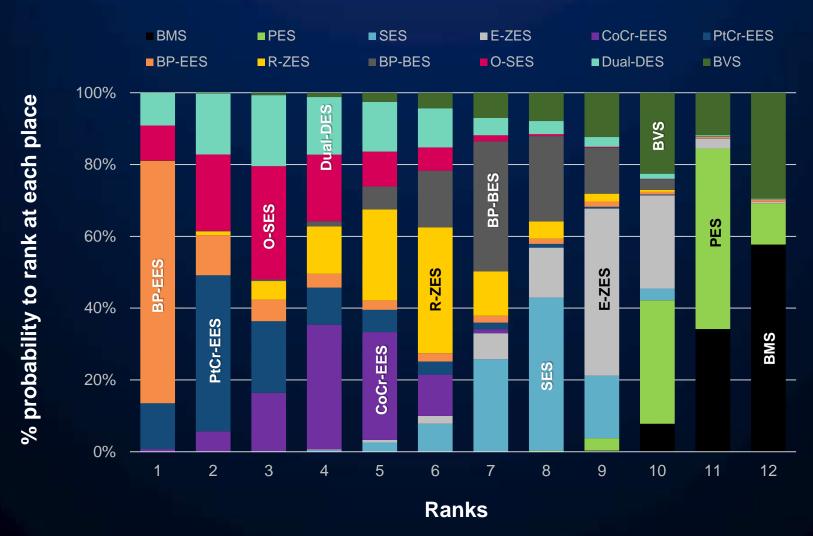
Network Plot of Included Trials

147 trials with 126,526 patients



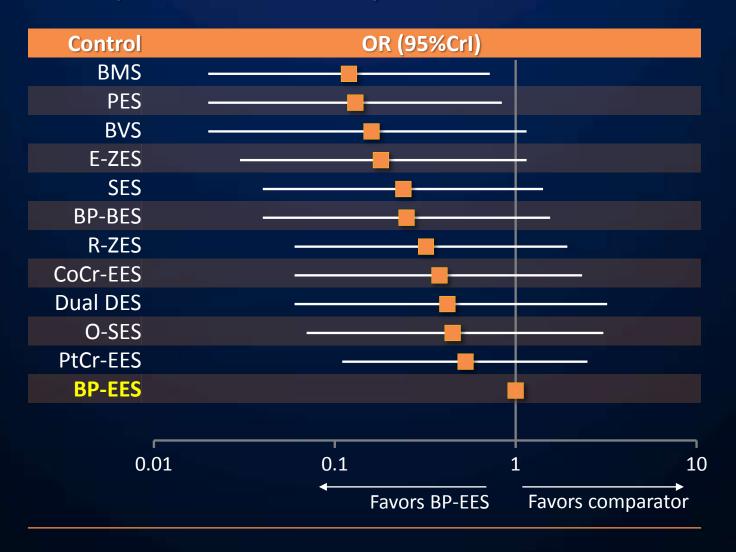
Rankogram

definite or probable ST at 1 year



Stent Thrombosis

definite or probable ST at 1 year



Long-term safety of bioresorbable scaffolds: insights from a network meta-analysis including 91 trials

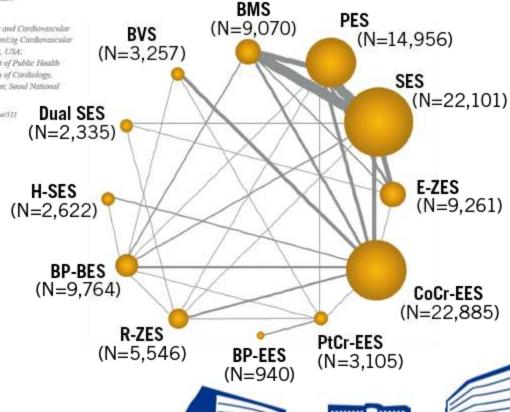


Si-Hyuck Kang¹, MD: Bill D. Gogas², MD, PhD: Ki-Hyun Jeon¹, MD: Jie-Suck Park¹, MD: Wonjae Lee¹, MD, MBA; Chang-Hwan Yoon¹, MD, PhD; Jung-Won Suh¹, MD, PhD; Seung-Sik Hwang⁴, MD, PhD; Tae-Jin Youn¹*, MD, PhD; In-Ho Chae⁴, MD, PhD; Hyo-Soo Kim3, MD, PhD

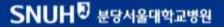
I. Division of Cardiology; Department of Internal Medicine, College of Medicine, Seoul National University and Cardiovascular Center, Seoul National University Bundany Hospital, Seongnam-si, Republic of Korea: 2. The Andreas Gruntziy Cardiovascular Center, Department of Medicine, Devision of Cardiology. Emory University School of Medicine, Atlanta, GA, USA: 3. Cardiovascular Center, Multiplex Sejong General Hospital, Incheon st, Republic of Korna; 4. Department of Public Health Science, Graduate School of Public Health, Seoul National University, Seoul, Republic of Korna; 3. Division of Cardiology, Department of Internal Medicine, College of Medicine, Seoul National University and Cardiovascular Center, Seoul National University Hospital, Seoul, Republic of Korea

This paper also includes applicmentary data published online at: http://www.pcranline.com/eurointervention/131st_case/311

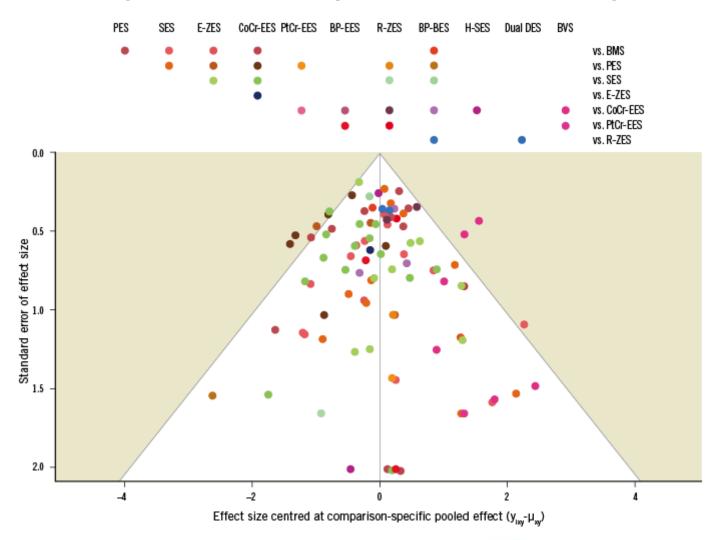
- 91 trials
- 105,842 patients
- Mean F/U duration: 3.7 years
- **Primary endpoint:** long-term definite or probable ST (ScT) (≥2 years)



Kang SH et al. Eurointervention 2018



Comparison-adjusted funnel plot



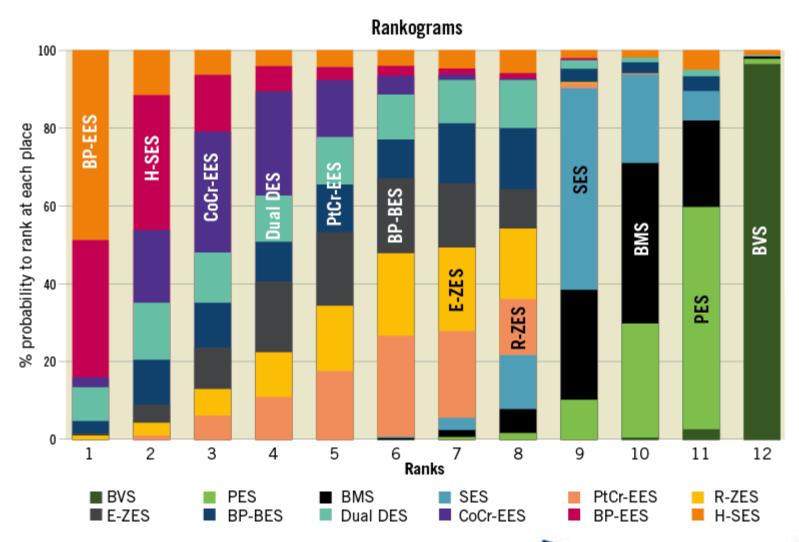








Long-term Device Thrombosis



Kang SH et al. Eurointervention 2018

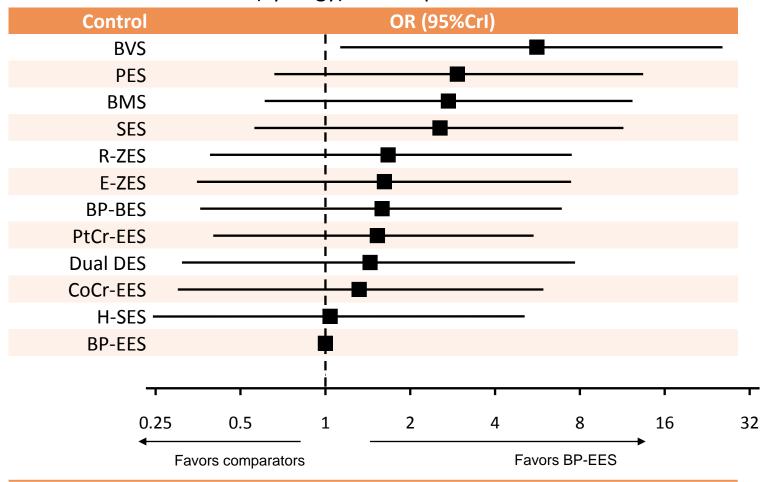






Long-term Device Thrombosis

BP-EES (Synergy) vs. comparator stents











My viewpoint

- O1 Bleeding risk should be considered for elderly patients receiving PCI.
- 2017 ESC guideline recommends 6-month DAPT for stable CHD.

 If bleeding is high, 3-month (IIa) or 1-month (IIb) can be considered
- 12-month DAPT is recommended for ACS.

 If bleeding is high 6-month DAPT can be considered.
- Evidence supports the efficacy and safety of short-term DAPT strategy after implantation of SYNERGY biodegradable polymer DES.



